



# Lawrence Family Jewish Community Center and The American Red Cross presents



**\*All participants must pre register prior to taking any class. All Registrations must be taken through the JCC Aquatics Office. Participants must present a receipt of purchase for the American Red Cross service fee to the instructor on the first day of class. All participants must also purchase the needed course materials prior to the first day of class.\***

CLASS	SESSION DATES	TIMES
<p><b>Lifeguard Training Class</b> All participants must be at least 15 yrs. old. A pre-requisite of a 300 yd. continuous swim and 10 lb. brick retrieval from 8 ft. of water. Students will learn, CPR for the Professional Rescuer, First Aid and Safety, AED, and Lifeguard skills. This class does not include Title 22. Students must purchase the American Red Cross Lifeguarding Manual and a pocket mask prior to class. <b>FEE: \$110.00</b></p>	<p>Session A March 14, 16, 18, 20, 21 <b>Registration Deadline: March 8th, 2010</b></p> <p>Session B April 11, 13, 15, 17, 18 <b>Registration Deadline: April 7th, 2010</b></p> <p>Session C May 9, 11, 13, 15, 16 <b>Registration Deadline: May 3rd, 2010</b></p>	<p>Monday-Friday 4:30 p.m.-8:30 p.m. Saturday &amp; Sunday 9:30 a.m.-5:00 p.m.</p>
<p><b>Water Safety Instructor Class</b> Participants must be at least 16 years of age, and pass a pre-requisite swim evaluation prior to taking the course. Students must purchase the American Red Cross Water Safety Instructor packet and FIT book prior to class. <b>FEE: \$150.00</b></p>	<p>Session D April 25, 26, 27, 28, 29 <b>Registration Deadline: April 19th, 2010</b></p> <p>Session E June 6, 7, 8, 9, 10, 11 <b>Registration Deadline: May 31st, 2010</b></p>	<p>Monday-Friday 4:30 p.m.-8:30 p.m. Saturday &amp; Sunday 9:30 a.m.-5:00 p.m.</p>
<p><b>Lifeguard Instructor Course</b> Must be at least 17 years of age, must possess a Fundamentals of Instructor Training Certificate, must successfully show knowledge of lifeguard skills and score at least 80% on the pre-course written exam. Students must purchase the American Red Cross Lifeguard Instructor Manual prior to class. <b>FEE: \$180.00</b></p>	<p>Session F Feb. 21, 22, 23, 24, 25, 28 <b>Registration Deadline: Feb. 15th, 2010</b></p> <p>Session G May 24, 25, 26, 27, 28, 29 <b>Registration Deadline: May 17th, 2010</b></p>	<p>Monday-Friday 4:30 p.m.-8:30 p.m. Saturday &amp; Sunday 9:30 a.m.-5:00 p.m.</p>
<p><b>Lifeguard Challenge Course</b> Students must have a taken and passed an American Red Cross lifeguard class. Must score at least an 80% on written exam and show competency in all lifeguard skills. <b>FEE: \$55.00</b></p>	<p>Session H April 10 <b>Registration Deadline: April 2nd, 2010</b></p> <p>Session I May 16 <b>Registration Deadline: May 7th, 2010</b></p> <p>Session J June 5 <b>Registration Deadline: May 28th, 2010</b></p>	<p>11:00 a.m.-4:00 p.m.  9:00 a.m.-3:00 p.m.  11:00 a.m.-4:00 p.m.</p>

Please detach and return with payment to: Lawrence Family Jewish Community Center, JACOBS FAMILY CAMPUS  
4126 Executive Drive La Jolla, CA 92037-1348 Attention: Myra Reisin; Make checks payable to: Lawrence Family JCC

Parent Name \_\_\_\_\_ Student \_\_\_\_\_  
 Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 E-Mail \_\_\_\_\_ Class \_\_\_\_\_ Session \_\_\_\_\_  
 Payment Method     Check # \_\_\_\_\_     \*VISA     \*Mastercard    Amount Enclosed \$ \_\_\_\_\_    Receipt # \_\_\_\_\_  
 Card# \_\_\_\_\_    Exp. Date \_\_\_\_\_    CVV \_\_\_\_\_  
 Card Holder's Signature \_\_\_\_\_

\*A 3% handling fee will be added to all credit card transactions over \$100 processed by the JCC.

Waiver: Participation in any activity and use of any recreational facility involves a risk of accidental injury despite all safety precautions. Having been informed of the activities to be conducted by the Lawrence Family Jewish Community Center, JACOBS FAMILY CAMPUS, I/we as an individual or as a parent or guardian of the participants named herein, assume all risk and hazards incidental to the activity, and release from responsibility and agree to indemnify and hold harmless the JCC, it's officers, directors, independent contractors, volunteers and all employees for any illness or injury to me or my children or family members occurring during his/her/our participation in any activity or use of a recreational facility at or conducted by the JCC.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

