



Qualcomm Sports, Fitness & Aquatics Complex

Lawrence Family Jewish Community Center • JACOBS FAMILY CAMPUS

4126 Executive Drive • La Jolla, California 92037 • www.lfjcc.org • (858) 362-1337

JUNE 2018

Monday 6:00 A.M.–9:00 P.M. Short Course All Day STARTING JUNE 18	Tuesday 6:00 A.M.–9:00 P.M. Long Course 6:00 A.M.–1:30 P.M. Short Course 1:45 P.M.–Close STARTING JUNE 18	Wednesday 6:00 A.M.–9:00 P.M. Short Course All Day STARTING JUNE 18	Thursday 6:00 A.M.–9:00 P.M. Long Course 6:00 A.M.–1:30 P.M. Short Course 1:45 P.M.–Close STARTING JUNE 18	Friday 6:00 A.M.–6:00 P.M. Long Course 6:00 A.M.–1:30 P.M. Short Course 1:45 P.M.–Close STARTING JUNE 18	Saturday 8:30 A.M.–6:00 P.M. Short Course All Day	Sunday 8:30 A.M.–6:00 P.M. Short Course All Day
Long Course 6:00 A.M.–9:15 A.M. Short Course 9:30 A.M. -Close	Long Course 6:00 A.M.–9:15 A.M. Short Course 9:30 A.M. -Close	Long Course 6:00 A.M.–9:15 A.M. Short Course 9:30 A.M. -Close	Long Course 6:00 A.M.–9:15 A.M. Short Course 9:30 A.M. -Close	Long Course 6:00 A.M.–9:15 A.M. Short Course 9:30 A.M. -Close		
JCC Masters Swim (6) 6:00–7:30 A.M.	JCC Masters Swim (4) 6:00–7:30 A.M.	JCC Masters Swim (6) 6:00–7:30 A.M.	JCC Masters Swim (4) 6:00–7:30 A.M.	JCC Masters Swim (4) 6:00–7:30 A.M.		JCC Masters Swim (6) 9:00–10:30 A.M.
NCA Sr. Swim (4) 7:30 A.M.–10:30 A.M.	NCA Sr. Swim (4) 7:30 A.M.–10:30 A.M.	NCA Sr. Swim (4) 7:30 A.M.–10:30 A.M.	NCA Sr. Swim (4) 7:30 A.M.–10:30 A.M.	NCA Sr. Swim (4) 7:30 A.M.–10:30 A.M.	NCA (6) 7:00–11:00 A.M.	
	JCC Aqua Aerobics (1) 8:30–9:30 A.M.		JCC Aqua Aerobics (1) 8:30–9:30 A.M.			
CAMP JAYCEE 9:30 A.M.–3:00 P.M.	CAMP JAYCEE 9:30 A.M.–3:00 P.M.	CAMP JAYCEE 9:30 A.M.–3:00 P.M.	CAMP JAYCEE 9:30 A.M.–3:00 P.M.	CAMP JAYCEE 9:30 A.M.–3:00 P.M.		JCC Swim Lessons (2) 10:30 A.M.–12:00 P.M.
JCC Masters Swim (6) 12:00–1:30 P.M.	JCC Masters Swim (6) 12:00–1:30 P.M.	JCC Masters Swim (6) 12:00–1:30 P.M.	JCC Masters Swim (6) 12:00–1:30 P.M.	JCC Masters Swim (6) 12:00–1:30 P.M.		
JCC Swim Lessons (1) 1:30–7:00 P.M.		JCC Swim Lessons (1) 1:30–7:00 P.M.				
	JCC Swim Lessons (1) 2:00–7:00 P.M.		JCC Swim Lessons (1) 2:00–7:00 P.M.			
JCC Barracudas (4) 3:00–7:00 P.M.	JCC Barracudas (4) 3:00–7:00 P.M.	JCC Barracudas (4) 3:00–7:00 P.M.	JCC Barracudas (4) 3:00–7:00 P.M.	JCC Barracudas (4) 3:00–6:00 P.M.		
NCA (4) 3:30–7:15 P.M.	NCA (4) 3:30–7:15 P.M.	NCA (4) 3:30–7:15 P.M.	NCA (4) 3:30–7:15 P.M.	NCA (4) 3:30–7:15 P.M.		
				JUNE SPECIAL EVENTS		
	JCC Masters Swim 7:00–8:00 P.M.		JCC Masters Swim 7:00–8:00 P.M.			
Shores (Deep Well) 8:00–10:00 P.M.	Shores (Deep Well) 8:00–10:00 P.M.	Shores (Deep Well) 8:00–10:00 P.M.	Shores (Deep Well) 8:00–10:00 P.M.	Sat/Sun, June 9-10 Lifeguard class Saturday, June 16.. Hollstein Pool Party 12:00-4:00 P.M.		

**Please note during peak hours, lap lanes may be limited.
Please understand that circle swimming will be required.**

There are generally at least 4 lanes available to members during operating hours. During peak hours lane usage may be limited. The () indicates number of lanes used by group. Schedule is subject to change. Circle Swimming and lane sharing are required at busier times of the day. Please get the attention of the swimmer(s) you plan to share the lane with before jumping in.

JCC FITNESS FRONT DESK (858) 362-1337

